



WE ALL NEED

SOMEBODY TO

LEAN ON.

BILL WITHERS

If you or someone you know is depressed, in crisis, suicidal or having trouble coping with recent events, there is somebody to lean on.

Talk to a caring volunteer at the Samaritans of New York's 24-hour suicide prevention hotline. We're always there to help you get through difficult times and remind you that you are not alone.

As Bill Withers says, "We all need somebody to lean on."

And when you do,  
The Samaritans are there!

**The  
Samaritans**

**CALL (212) 673-3000**

NON-RELIGIOUS COMPLETELY CONFIDENTIAL