# Samaritans

Amidst loss, amidst healing at Safe Place, you are not alone.



# SAFE PLACE SUICIDE LOSS SUPPORT GROUP

CARING + CONFIDENTIAL GRIEF SUPPORT

# You are not alone.

Coping with the loss of a loved one to suicide is a deeply painful experience. In the aftermath of such a tragedy, reaching out to family, friends, + professional services might feel daunting.

Samaritans' groups offer solace, support, + a path to healing, helping you navigate your grief in the company of those who truly understand what you're going through.

# A safe place for suicide loss survivors.

Safe Place offers a compassionate + cost-free support network for those who have lost a loved one to suicide.

These peer support meetings are facilitated by trained Samaritans' volunteers with expertise in addressing the intricate challenges related to suicide loss.

Meetings are open only to suicide loss survivors. Participants must be 18+.

### **MEETINGS ARE:**

- free
- confidential
- non-judgmental
- peer support
- virtual or in-person

## MONTHLY SCHEDULE

SAFE PLACE

SAFE PLACE

1st Wednesday of the month, 7-8:30pm \*VIRTUAL\* Meeting link: https://bit.ly/SafePlace23



SAMARITANS + NAMI-NYC METRO 2nd Thursday of the month, 6-7:30pm \*IN-PERSON\* Location: 307 West 38th Street, 8th Floor, New York, NY 10018, Program Room B



3rd Tuesday of the month, 7-9pm \*IN-PERSON\*

Location: Grace Church School, 86 4th Ave, New York, NY, 10003 Pre-register at <u>https://bit.ly/SafePlace23</u>



SAMARITANS + NAMI-NYC METRO 4th Thursday of the month, 6-7:30pm \*VIRTUAL\* Meeting Link: https://bit.ly/SAMSNAMIGROUP Meeting ID: 812 6663 7294

#### **INTERESTED IN ATTENDING?**

Learn more about attending one of Samaritans' support group meetings and our bereavement services.

