

Samaritans

Whatever you're
dealing with, you
don't have to
face it alone.



24-HR CRISIS HOTLINE

 212.673.3000

A safe place to turn in crisis.






Reaching out for help can be daunting, especially if you're new to support services or concerned about privacy. The hotline is completely confidential and anonymous. Samaritans has strict policies in place to protect caller privacy.

No judgments, just support.

Samaritans' hotline offers a space where you can be yourself without pretense. It's a place where you can focus on what's going on with you and express your concerns without the intrusion of unwanted advice or judgments.

Whatever your reason, Samaritans' is here.

From a bad day and heartache to financial strain, loss, overwhelm, or struggles with thoughts of suicide and self-harming behavior (and everything in between), Samaritans is here for you.

-  Completely Confidential
-  Anonymous
-  Available 24/7
-  Free of Charge
-  Non-judgmental Support

LEARN MORE

