



SUICIDE PREVENTION EDUCATION

*Promoting confidence and skill
through knowledge + compassion.*

Samaritans' Suicide Awareness and Prevention Education programs are among the most venerable and respected globally. Deployed in over 40 countries and across the United States, these programs have been a cornerstone of suicide prevention training in New York City for more than three decades. To date, we have provided invaluable workshops, seminars, and technical support to over 50,000 individuals.

SAMARITANS' APPROACH: EMPATHY INFORMED EDUCATION

At Samaritans, we recognize the emotional toll that suicide prevention can take, whether you're concerned for yourself, someone else, or your community. Discussing suicide is challenging, irrespective of your role as a family member, friend or healthcare professional.

That's why empathy is at the core of our education program. It's one thing to know the protocols and warning signs and indications of risk, but quite another to apply them in real, human situations.

Our empathy-informed education closes the gap between research and real-world action. This approach not only deepens participants' understanding, but also prepares them to effectively use what they've learned in their communities.

From webinars to comprehensive training sessions, our programs are designed to help participants effectively identify, respond to, and support individuals at risk.

Our offerings adapt to audience needs, covering topics including:

- Understanding Suicide: Causes, Statistics + Trends
- Public Health Approaches to Suicide Prevention
- The Impact of Stigma
- Crisis Communication
- Determining Risk
- Safety Planning
- Accessing Socially/ Culturally Appropriate Resources
- Designing + Implementing Site Prevention/
Postvention Strategies