

State of Suicide New York City



**1 person dies by
suicide every 16
hours in NYC.**

1 in 5

New Yorkers experience
mental illness

1 in 3

New Yorkers are experiencing
depression and/or anxiety—a
rate that has not budged since
May 2021.

41,500

Suicide attempts were
made by New Yorkers

Vulnerable Populations

2 in 5

New Yorkers between the
ages of 18 and 34 reported
poor mental health.

41.5%

Hispanic New Yorkers reported
anxiety and/or depression.

57.4%

of food-insufficient New Yorkers
had poor mental health—nearly
twice the rate of food-sufficient
New Yorkers (29.2%).

YRBS 2021 (NYC High School Students):

16.8%

Suicidal thoughts

11.3%

Suicide plans

9%

Attempted suicide