



Working together to prevent suicide + help save lives.

NYC COUNCIL MEMBER CARLINA RIVERA



# DEMYSTIFYING THE DATA

Understanding Trends In Suicide & The Mental Health Crisis In NYC

Wednesday, June 4, 2025  
12-1:30PM (on Zoom)

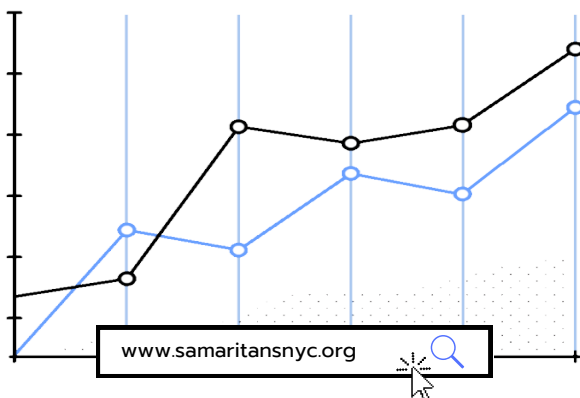
The abundance of information available on suicide and mental health can be overwhelming, especially with so many sources, including social media, news, and personal networks.

That's why our free webinar is essential to provide you with accurate and up-to-date insights into the latest research and data on these critical mental health issues in New York City.



To register for this \*free\* webinar go to: [bit.ly/Demystifying-The-Data-June-4](https://bit.ly/Demystifying-The-Data-June-4)

REGISTER TODAY!



Navigating the Information

Delving into the data and information surrounding suicide and mental health, recognizing the challenges posed by the overwhelming volume of sources and perspectives.

Exploring The Latest Data

Analyze the latest reports and trends from reputable sources like the CDC, YRBS, and DoHMH, providing attendees with a comprehensive understanding of the current landscape of suicide and mental health issues.

Utilizing Data For Prevention

By examining these trends, we'll gain valuable insights into the scope of the suicide and mental health crisis in NYC, empowering participants to utilize this information as a guiding framework for more targeted and impactful suicide prevention efforts within the community.

You don't have to face it alone.