

NYC COUNCIL BRIEFING

May Mental Health Awareness Month 2025

Lead Sponsors

Committee on Mental Health, Disabilities & Addiction

Chair Linda Lee

Council Member Erik Bottcher

BRIEFING

With the proposed federal cuts to suicide prevention and mental health services, now more than ever, it's crucial to equip Council Members and staff with the knowledge and tools YOU need to help New Yorkers in crisis. As one of seven members of the National Council for Suicide Prevention, we will share the latest and best prevention practices with you.

WHO SHOULD ATTEND?

Council Members, Chiefs of Staff, Legislative & Budget Directors, Communications Directors, Constituent & Community Liaisons, etc. Speaker staff working with the Committees on Aging, Criminal Justice, Education, Children & Youth, Finance, General Welfare, Health, Higher Education, Immigration, Mental Health, Disabilities & Addiction, Veterans, Women & Gender Equity, and more.



Virtual Event hosted on Zoom

Register at

bit.ly/SAMS-Council-Briefing2025
to receive the link!



Tuesday, May 20, 2025
3-4 PM

OVERVIEW

- ◆ In NYC 2x as many people die by suicide each year than from car accidents.
- ◆ Someone dies by suicide every 16 hours in NYC (DOHMH, 2023).

BRIEFING TOPICS INCLUDE

- Understanding suicide as a public health issue.
- Communicating with the press and the public about suicide.
- How to respond to an individual who is in distress or talking about suicide.
- Determining an individual's *degree of risk*, level of danger involved and how to help.
- Issues to consider when developing mental health policies.

REGISTER TODAY!

bit.ly/SAMS-Council-Briefing2025

Contact Fiodhna O'Grady at Fogrady@samaritansnyc.org or call (917) 536-3849

samaritansnyc.org

Co-sponsored by Council Members Alexa Avilés, Tiffany Caban, Carmen De La Rosa, Eric Dinowitz, Shahana Hanif, Rita Joseph, Farah N. Louis, Mercedes Narcisse, Chi Osse, Keith Powers, Carlina Rivera, and Inna Vernikov

MORE CO-SPONSORS PENDING